



St. Mary of the Angels Catholic Primary School

A community of faith and learning following Jesus in all we think, do and say

Shrewsbury Road, Bayswater, London W2 5PR

Telephone: 020 7792 1883 Email: office@stmaryangels.co.uk

Website: www.stmaryangels.co.uk

Headteacher: Mrs Sarah Alley

29th September 2026

Dear Year 4 Parents and Carers,

We are pleased to inform you that our Year 4 pupils will have the opportunity to take part in **Judo sessions** as part of their school experience.

Judo provides many benefits for children, including developing **fitness, balance, coordination and strength**. It also promotes important values such as **respect, discipline, self-control, resilience and confidence**. We hope that pupils will make the most of this opportunity to learn new skills and enjoy a new physical activity. The sessions will commence from next Tuesday 6th October.

However, we would like to make our expectations regarding behaviour very clear. As Judo is a **non-statutory activity, participation is a privilege and not an entitlement**. Due to the physical nature of Judo, it is essential that all pupils behave responsibly, listen carefully and follow the instructions of staff and instructors **at all times**.

Any pupil who demonstrates inappropriate behaviour, fails to follow instructions or behaves in a way that could compromise the safety of themselves or others will not be permitted to take part in the Judo session. Alternative arrangements will be made for these pupils during this time. Please note – that this Judo session is additional to the statutory two hours of PE in school and is being offered as part of our personal development curriculum.

The safety and wellbeing of all pupils must remain our priority, and therefore these expectations will be applied consistently.

We are looking forward to providing Year 4 with this opportunity and hope that all pupils will demonstrate the maturity and excellent behaviour required to fully enjoy and benefit from their Judo sessions.

Thank you for your support in reinforcing these expectations with your child.

Thank you, as always, for your continued support.

Kind regards,

Ms Noori – Year 4 Teacher and Upper School Manager